



Parents Supporting Parents

Join us once a month and meet people who share your interests and concerns about diabetes. The Best Centre would like to facilitate you to share tips and information about diabetes in your lives and how you live "WELL" with diabetes

All groups will be led by a registered nurse, dietitian or social worker.

The topics of discussion will be decided by you.

The most important support that a parent can receive is the support of another parent who knows the struggles & fears of raising a child with type 1 diabetes.

**Space is Limited
Contact Reception to register at:
905-620-0360**



START DATES:
7pm-8pm

Thursday February 2nd, 2012
Parents of children 7 years and younger

Thursday February 9th, 2012
Parents of children 8-12 years of age

Thursday February 16th, 2012
Parents of children 13-19 years of age

Thursday February 23rd, 2012
Adults 20 years and up

The Charles H. Best Diabetes Centre
360 Columbus Rd East, Whitby, Ontario