

Please complete the following steps to prepare for your upcoming **OMNIPOD 5 PUMP UPGRADE**.

1. Dexcom

You must have the Dexcom G6 or G7 app on compatible smartphone

NOTE: The Dexcom G6 or G7 receiver alone cannot be used as part of the Omnipod 5 System, you must have the G6 or G7 app on a phone.

2. Onboarding with Omnipod and create an Omnipod ID

You will receive a 'Complete Your Omnipod ® 5 Onboarding Now' email from Insulet or you can go to: <https://www.omnipod.com/en-ca/setup/canada>.

It is important that the Omnipod 5 onboarding is completed prior to the Omnipod 5 product training.

- Create an Omnipod ID by following the link on the log-in screen.
- Record the Omnipod ID and password, you will need it to log into the Omnipod 5 Controller during training.
- Review and approve the consent screens where information on the processing of personal data is outlined.
- Omnipod 5 onboarding is complete when the confirmation message has been received by you.

3. Connecting to Glooko®

Glooko is the Omnipod 5 data management platform that enables you to see glucose and insulin data.

Go to: <https://join.glooko.com/> to create a Glooko account. Link it with your Omnipod ID. The Best Centre proconnect code is **cbd**.

4. Omnipod 5 training videos

Training videos can be found at: <https://www.omnipod.com/en-ca/current-podders/omnipod-5-how-to-videos>.

Please review the following videos:

- Omnipod 5 system components
- Getting ready to start
- Omnipod 5 System – Controller Setup
- Omnipod 5 System – Pod activation
- Connection to Sensor: Dexcom G6 **OR** Connection to Sensor: Dexcom G7

5. Settings:

Please have a copy of the settings from the pump you are using now, you will need the following:

Insulin: carbohydrate ratios (ICR)

Insulin sensitivity or correction factor (ISF)

Basal rates

Active Insulin time (Insulin action)

You will need the following supplies for your appointment:

- Pump box including controller and pods
- Blood glucose meter and test strips (even if using a sensor)
- Blood ketone meter and test strips
- Insulin

Click [HERE](#) to download a copy of the Pump School Manual.