

BEST BULLETIN

The Charles H. Best Diabetes Centre

RECOGNITION

TELUS Days of Giving—May 31

We are so grateful to the TELUS team of volunteers for their energy and enthusiasm!



Volunteers worked in teams under the direction of our fabulous Founder, Marlene Grass. Flowers were planted, gardens were weeded and windows were washed!

360 Columbus Road E.
Whitby, ON L1M 1Z5

Tel: 905.620.0360

Fax: 905.620.0579

www.charleshbest.com

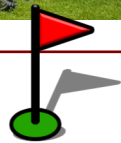
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THE
CHARLES H. BEST
DIABETES CENTRE

Upcoming events

Golf Tournament—June 21



Thank you to our volunteers for helping with this year's golf tournament.

Lynn Henderson & Mal Kawa—
registration

Catherine Hill-Barrack & Jackie
Hill—wine raffle

Bill McDonald—putting contest

Stephanie Hubbard—putting contest
& auction



- BAM Golf Tournament
August 15 @ Royal
Ashburn Golf Club
- Charity Softball
Tournament—
September 14 @
- Prince & Princess Gala
September 15 @ Heber
Downs Conservation
Area
- Walk for the Best
September 22 @ Brooklin
High School

VOLUNTEER OPPORTUNITIES

Walk for the BEST—September 22

Whether you have volunteered for this event in the past, or want to try something new, there is a job for everyone!



Tent set-up • Registration • BBQ • Children's activities • Clean-up

NEW LOCATION: Brooklin High School - 20 Carnwith Dr W, Brooklin

BAKE SALE—September 22



Do you like to bake? Would you like to help fundraise for The Best Centre. Maybe you know someone who loves to bake and wouldn't mind contributing to our sale. At this year's walk-a-thon, the Outreach & Engagement Committee will be having a bake sale.

Brooklin High School, 20 Carnwith Dr W, Brooklin

Please consider donating baked goods for this fundraiser.

Best Centre Ambassadors

Do you want to increase awareness of type 1 diabetes and The Best Centre? At various community events throughout the year we are invited to set up a table and share information about who we are and what we do.

If you are interested in volunteering 2-3 hours from time to time, I would love to match you with one of our Best Centre Ambassadors for future community events.



For more information please email your Volunteer Coordinator gisele@charleshbest.com.



You can now find volunteer opportunities and updates on social media. Follow @chbvolunteers on Instagram & CHB Volunteers Facebook Page