

PARTICIPATE IN A RESEARCH STUDY!

TIME TRIAL

Providing Type 1 Diabetes Virtual Self-Management Education & Support Through
High Frequency, Low Touch Care



We are looking for volunteers (18 years or older) with type 1 diabetes who are interested in participating in a study to test a new approach to providing type 1 diabetes support.

Eligible participants will be randomly assigned to one of the two groups:
High Frequency, Low Touch Care (Intervention Group) or Usual Care (Control Group).

HIGH FREQUENCY

WHAT TO EXPECT (INTERVENTION GROUP):

- Regular touch points every two weeks with your diabetes health care provider in between in-person appointments

LOW TOUCH

- 15-minute remote appointments via smartphone, tablet, or computer
- In-app scheduling, reminders, action plans, and access to a virtual library

COMPENSATION & CONFIDENTIALITY

- \$25 gift card for participating
- Participation is voluntary and all information you provide to us will be kept confidential

INTERESTED?

Contact your diabetes team or our Study Coordinator, **Saloni Choksi**, for more information:
Saloni.Choksi@unityhealth.to

Please note that email is not a secure form of communication. Only send information to this address that you do not feel is sensitive.

This study has been reviewed by the Unity Health Research Ethics Board [CTO #3644]

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