



Growing Well with Diabetes (GWD)

WHAT IS IT?

The GWD program is our investment in your child's overall well-being. A GWD appointment with our diabetes educators will:

- Target important topics throughout various stages of development
- Nurture your child's relationship with our team
- Foster independence in diabetes management

WHY?

We want to ensure that your child has the essential knowledge, skills and tools needed to manage their diabetes with increasing independence as they transition into adulthood.

WHAT TO EXPECT

- One appointment each year, lasting approximately one hour
- Flexible appointment times are available
- Education tailored to age, needs, and interests, with a prequestionnaire to identify the topics children want to explore.
- Children ages 8-10 may choose to attend with caregiver
- Starting at age 11, preteens are welcome to attend independently.
- Youth ages 14-18 are encouraged to attend on their own.

Caregivers are asked to attend a separate appointment on their own to review diabetes management and discuss how to support their child/youth as they move towards greater independence.

IT IS NOT

- A review of blood sugars
- A pump follow-up appointment
- A time to complete government forms
- A replacement for clinic

Click [HERE](#) to watch our GWD presentation.