

# State of the Art Management of Type 1 Diabetes in Adults



## April 5<sup>th</sup>, 2024 AGENDA

Time	Session	Speaker
9:00 am	Opening Remarks	Lorrie Hagen, RD, MHSc, CHE The Charles H. Best Diabetes Centre
9:10 am – 9:55 am	Session 1. Stages and Changes: Menses and Type 1 Diabetes	Dr. Alice Cheng, MD, FRCPC University of Toronto
10:00 am– 10:45 am	Session 2. Supporting Mental Health in young adults with Type 1 Diabetes	Jessica C. Kichler, PhD, C.Psych University of Windsor
10:50 am – 11:15 am	Morning Break	
11:20 am – 12:15 pm	Session 3. Can we personalize exercise for people with Type 1 Diabetes?	Jane Yardley, PhD Université de Montréal
12:15- 1:15 pm	LUNCH Break	
1:20- 2:05 pm	Session 4. Immune Therapies to Change the Course of Type 1 Diabetes	Kevan Harold, MD Yale University
2:10 pm – 2:55pm	Afternoon Break	
3:00 pm – 3:45 pm	Session 5. 30 years of stories: Humble Reflections for T1D Practice	Allanah Chambers, RD, CDE
3:50 pm	Closing Remarks & Evaluations	Lorrie Hagen, RD, MHSc, CHE The Charles H. Best Diabetes Centre