



THE  
CHARLES H. BEST  
DIABETES CENTRE

29th Annual

# WALK FOR THE BEST

REGISTER, FUNDRAISE, WALK  
SATURDAY SEPT. 12th

We want to feature **YOUR** story on the walking route at this year's **Walk for the Best!**

Share the reason you walk in support of type 1 diabetes and The Best Centre!

**Examples:**

- "I walk for my daughter because she faces T1D with courage every day."
- "I walk because no one should face type 1 diabetes alone."
- "I walk for a future without T1D."

**Name:** \_\_\_\_\_

**Who/why do you walk?**

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**Would you like to submit a photo?**

- Yes  
 No

**Email/Phone (so we can contact you if needed):**

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Thank you for sharing your story to inspire our community!

Please submit form and photo (if provided) to [communications@charleshbest.com](mailto:communications@charleshbest.com)