



THE
CHARLES H. BEST
DIABETES CENTRE

Executive Director update for AGM

June 2023

Fiscal year in review

April 1st, 2022 - March 31, 2023

Another year of significant growth: **83 new patients** with type 1 diabetes (57 children / 26 adults), up **43% since 2018**.



437
Pediatric Patients
Safe in School
Education
Sessions = **58**
1400 Virtual appointments

13,516
Clinical
Interactions
(increased by
19%)



The Urgent Care Program is **UNIQUE** to the Best Centre, prevented **61** visits to the Emergency Department.

1362 after-hours calls, (65%) of the **TOTAL** of **2104** urgent care requests.



1328
Adult Patients
2327 Virtual appointments

14,620
Clinical
Interactions
(increased by
26%)



Who's on what?

Pediatric - **36%** on Insulin Pumps and **64%** on Insulin Injections
Adult - **60%** on Insulin Pumps and **40%** on Insulin Injections
Total pump-related care interactions = **19,070**



Milestone Achievement!

First BEST CENTRE publication.

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ELSEVIER

Canadian Journal of Diabetes
journal homepage:
www.canadianjournalofdiabetes.com

DIABETES CANADA

CJD

Perspectives in Practice

Recommended Weight Care for Patients Living With Type 1 Diabetes:
A Consensus From The Charles H. Best Diabetes Centre

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Key Messages

- Weight stigma and bias impact the quality of weight care and outcomes among people living with type 1 diabetes mellitus.
- Lifestyle and weight education recommendations should be delivered in weight-neutral language.
- Weight-care strategies should be adapted according to the individual's needs and lived experience.

ARTICLE INFO



How do we do it?

Administrative Team **6**

**Board of Directors-
Advisors** **13**

**Clinical Programs
Team** **15**

Executive Director **1**

Volunteers **50+**



Fundraising Events/Campaigns

- Internal events/campaigns = **5**
- Garnered **\$131,680** support for the building expansion
- Volunteers hosted **3** external events that raised **\$76,325**



Campaign Awareness

- Over **20** donation boxes in various retail locations across Durham Region
- **7** published media articles/appearances (newspaper/radio/tv)
- Over **32** presentations to potential donors and community clubs



Volunteer Committees

- **3** active committees with a total of **17** members throughout 2022-23.
- Members dedicated over **204** hours to committee meetings alone
- Committee work includes campaign leadership, cabinet and community outreach

Construction to date

- New fully accessible main floor entryway and washroom



Municipal Gifts to date

- Town of Whitby **\$250,000**
- Ajax Partnership Fund **\$25,000**
- City of Pickering **\$100,000**
- City of Oshawa **\$50,000**
- Municipality of Clarington **\$100,000**



Community Major Gifts to date

20 major gifts over **\$15,000** that total **\$1.591M.**

\$3 million raised to March 31, 2023

