



Pandemic Guidelines – June 11, 2022 Update

With continuing improvements in key public health indicators, most of the remaining provincial masking requirements expire as of June 11, 2022. You are encouraged to maintain physical distancing when indoors. Please review the following updated guidelines for The Charles H. Best Diabetes Centre.

Part A – Masking

1. In accordance with public health guidelines, staff providing patient care, patients and visitors are strongly encouraged to wear a mask inside The Best Centre.
2. You **must** wear a mask if you have been exposed to someone with COVID-19 within the last 5 days.
3. Staff, patients and visitors should continue to wear a mask if they feel it is right for them, or are at high risk for complications with illness.
4. Masks will be available to anyone who chooses to wear one.

Part B – Screening

1. Routine rapid antigen testing for COVID-19 is no longer required, but at-home testing is encouraged for staff with symptoms or exposure. Test kits will be distributed to staff and the Best Centre community. There is a limited supply of test kits available for home use upon request from reception.
2. Staff, patients and visitors are encouraged to self-screen before arriving at The Best Centre. Please do not come in if you are currently experiencing ANY symptoms commonly associated with COVID-19 (sore throat, cough, fever, congestion, headache, body aches, diarrhea or vomiting).

Part C – Sanitation

1. Hand sanitizing stations will remain in place at the main entrance and throughout The Best Centre. Staff, patients and visitors are expected to perform hand hygiene before and after each appointment.
2. Staff will disinfect all high-touch surfaces after each in-person appointment.
3. Common areas including the waiting room, reception area, washrooms and kitchen will be disinfected daily.