



THE  
CHARLES H. BEST  
DIABETES CENTRE

APPOINTMENT	TIME COMMITMENT
PUMP INFORMATION NIGHT (Optional)	<b>2-3 hours (virtual)</b> <ul style="list-style-type: none"><li>• Join Best Centre staff as we review what you need to consider when moving from multiple daily injections to pumping.</li><li>• Learn from Tandem, Omnipod and Medtronic reps as they show you features of their products and the benefits of pumping.</li><li>• Ask questions about pump therapy and what to consider.</li></ul>
PUMP DEMONSTRATION NIGHT (Optional)	<b>Drop-in @ The Best Centre</b> <ul style="list-style-type: none"><li>• Handle all pumps and accessories.</li><li>• Watch demonstrations of infusion set insertions, pod insertions, etc.</li><li>• Speak with Best Centre staff and ask questions about pump therapy and what to consider.</li><li>• Book your pump readiness appointments.</li><li>• Network with other patients and families who are interested in learning more about pumping.</li></ul>
PUMP READINESS	<b>1 hour (virtual or in-person)</b> <ul style="list-style-type: none"><li>• Assess eligibility, start ADP pump application process and schedule training</li><li>• Individual appointment</li></ul>
PUMP SCHOOL – PART 1	<b>2-3 hour (virtual)</b> <ul style="list-style-type: none"><li>• Fundamentals of insulin pump therapy including terminology, BG management, site care and best practices</li><li>• Group training (or individual training as required)</li></ul>
PUMP SCHOOL – PART 2	<b>3 hours (virtual or in-person)</b> <ul style="list-style-type: none"><li>• Pump-specific instruction including settings, supplies and tech support</li><li>• Group training (or individual training as required)</li></ul>
PUMP START	<b>1.5 hours (in-person @ The Best Centre)</b> <ul style="list-style-type: none"><li>• Insulin start in chosen pump</li><li>• Review of expectations to ensure success</li><li>• Individual appointment</li></ul>
PUMP FOLLOW UP	<b>1 hour (virtual or in-person)</b> <ul style="list-style-type: none"><li>• Follow up to ensure patient control, satisfaction and adherence to ADP requirements</li><li>• Individual appointment</li></ul>