

## State of the Art Management of Type 1 Diabetes in Adults

The 9th Annual Charles H. Best Diabetes Centre Health Professionals' Education Day

## **MARCH 5, 2021 PROGRAM FOR THE VIRTUAL CONFERENCE**

9:00 am (EST)	Opening Remarks	Lorrie Hagen, Executive Director The Charles H. Best Diabetes Centre
9:05 am – 9:50 am (EST)	Session 1. Glucose responsive insulin: Progress towards promise	John Buse MD PhD
9:55 am – 10:40 am (EST)	Session 2. Heavenly Sweet Talk: The impact of life purpose method on diabetes distress	Barry Simon MD FRCP
<b>AM Break</b> 10:45 am – 11:00 am	<b>Energy Break</b> Sponsored by Eli-Lilly – Guided live stretch break	
11:05 am – 11:50 am (EST)	Session 3. Shame and Diabetes: Nutritional counselling strategies for fostering resilience in a culture of body obsession	Nikki Estep MPH RDN LD CDCES
11:55 – 12:40 pm (EST)	Session 4. Understanding patient perspective in the world of diabetes social media	Cherise Shockley BA
12:45 pm – 1:15 pm (EST)	<b>Lunch Break</b> Sponsors Virtual Booths Network on platform	
<b>OPTIONAL</b> 12:50 pm – 1:05pm	<b>Hot Lunch Topic</b> COVID-19 Immunization and Type 1	Jacqueline James MD MEd FRCPC Valerie Lewis MD FRCPC
1:20 pm – 2:05 pm (EST)	Session 5. New technology and older patients: Can they adapt? Is it worth it?	Richard E. Pratley MD
<b>PM Break</b> 2:10 pm – 2:25 pm (EST)	Energy Break Sponsored by Abbot – Make a smoothie with us!	
2:30 pm – 3:15 pm (EST)	Session 6. Progress on the path to the prevention of type 1 diabetes.	Diane Wherrett MD FRCPC
3:20 pm (EST)	Closing Remarks	Lorrie Hagen, Executive Director The Charles H. Best Diabetes Centre
3:25 pm – 4:00 pm (EST)	Evaluations Virtual Booths/Network	Online link will be available
4:00 pm	End of Day	