

Please complete the following steps BEFORE your upcoming **MYLIFE LOOP YPSOPUMP SCHOOL**. The mylife Loop system is the automated technology using the YpsoPump, the CamAPS FX app and a sensor (Dexcom G6 or Libre 3).

1. **CamAPS FX app:**

- a. Download the CamAPS FX mobile app onto your smart phone
- b. Create a CamAPS FX account
- c. Select the In app Training to begin. *As part of the in-app training you will be asked to enter a TDD (total daily dose), weight and other settings. This is for training purposes only and the settings will be reviewed and confirmed at training.*

****You cannot proceed with pairing the CamAPS FX app to your YpsoPump and Dexcom/Libre 3 sensor without this training. If the in-app training is not complete before your training date, you cannot start on the pump. ****

2. **YpsoPump:** You do not need to put a battery in the pump and turn it on until the day you start on the pump.

To familiarize yourself with the pump, please review the following:

YpsoPump Explorer app: Virtually interact with all the pump's functions. Guided tours provide instructions of pump features such as delivering a bolus, programming the basal rates, changing the cartridge and changing the infusion set.

YpsoPump website: Instructional videos are found in the services tab at: <https://www.mylife-diabetescare.com/en-CA/services/instruction-videos.html>

These training videos provide helpful information to prepare you for pump start:

- Putting into operation and unlocking the screen
- Programming basal rate profiles, temporary basal rate function
- Bolus increments and standard bolus
- Changing the cartridge
- Changing the infusion set

3. **Sensor**

Libre 3: You will need to start a new sensor at the pump start appointment. Please bring a Libre3 sensor with you.

Dexcom G6: Your existing sensor can be used, it is best to bring a backup sensor and transmitter.

You will need the following supplies for your Pump School Part 2 appointment:

- Pump box and pump accessory box with contents
- Infusion sets (please bring at least 2 with you)
- Ypso pump cartridges
- Blood glucose meter and test strips (even if using a sensor)
- Blood ketone meter and test strips
- Insulin for your pump start appointment only

If you will be using Humalog U-200 insulin in your pump, you **MUST** bring the insulin to your pump start appointment. Humalog U200 insulin **ONLY** comes in a prefilled pen. If you have trouble obtaining it from your pharmacy, please contact your diabetes educator.

Click [HERE](#) to download a copy of the Pump School Manual.