

# 12<sup>TH</sup>

Healthcare Professionals'  
**EDUCATION  
DAY**

## State of the Art Management of Type 1 Diabetes in Adults



**CONFERENCE AGENDA – APRIL 5, 2024**

TIME (EST)	SESSION TOPIC	SPEAKER
9:00 am	Opening Remarks	Lorrie Hagen, RD, MHSc, CHE The Charles H. Best Diabetes Centre
9:10 am – 9:55 am	Session 1 <b>Stages And Changes: Menses Or Not &amp; Type 1 Diabetes</b>	Dr. Alice YY Cheng, MD, FRCPC University of Toronto
10:00 am – 10:45 am	Session 2 <b>Supporting Mental Health In Young Adults With Type 1 Diabetes</b>	Jessica C. Kichler, PhD, C.Psych University of Windsor
10:50 am – 11:15 am	<b>Morning Break</b>	
11:20 am – 12:05 pm	Session 3 <b>Can We Personalize Exercise For People With Type 1 Diabetes?</b>	Jane Yardley, PhD Université de Montréal
12:10 pm – 1:15 pm	<b>Lunch Break</b>	
1:20 pm – 2:05 pm	Session 4 <b>Immune Therapies to Change the Course of Type 1 Diabetes</b>	Kevan Herold, MD Yale University
2:10 pm – 2:55 pm	<b>Afternoon Break</b>	
3:00 pm – 3:45 pm	Session 5 <b>30 Years Of Stories: Humble Reflections For T1D Practice</b>	Alanna Chambers, RD, CDE Independent Pump Trainer & Diabetes Educator, Kelowna, BC
3:50 pm	Closing Remarks & Evaluations	Lorrie Hagen, RD ,MHSc, CHE The Charles H. Best Diabetes Centre